Do you want Less or More?

What are you hoping to get from care? Less pain? Less tightness? Less restrictions? More improvement? More energy? More life?

Making this distinction explains why some people choose to benefit from chiropractic care for their whole lives (even choosing to bring their children in to be regularly checked) and why some people begin chiropractic care just because they have an ache or a pain they want to quiet. Many people don't see the difference between the proactive (more) and reactive (less) approaches to health. Instead, they come in only when they have obvious symptoms. In other words, they start out wanting less. As they learn more of what chiropractic care is, they discover we offer more than just treatment of those symptoms and more is what they really want.

We all show up at different places on this journey to better health. And we at Anderson Physical Medicine are here to serve, whether you want less or more.

How much is your body worth?

The average American spends approximately $2,000 a year for the maintenance on their vehicle(s). A piece of metal we keep for 3 to 5 years. However we often shun the thought of maintaining our health and it would be half of that cost. The health care choices we make today impact our health tomorrow. If you wear out your body, where are you going to live?

Preventative Maintenance/Wellness Programs

Pre-Pay Plan #1
52 wellness visits (weekly) for only $1,300 - only $26 per visit! Monthly payments can be made for $120 per month*. *Prepay savings $176/yr. This is our most advanced and comprehensive health care maintenance plan.*

Pre-Pay Plan #2
26 wellness visits (every 2 weeks) for $800 - only $31 per visit! Monthly payments can be made for $75 a month*. *Prepay savings of $136/year. This is our most popular proactive health care maintenance plan.*

Pre-Pay Plan #3
12 wellness visits (once per month) for $480 - only $40 per visit*!
To be eligible for this savings plan you must have prescheduled monthly for one year - dates can be changed if needed, but a commitment to once per month is necessary.

Rules and Definitions:
Maintenance/Wellness is defined as treatment necessary to maintain a specific level of optimum health and work to support normal body function. If you become ill or injured and require more treatment, you can choose to apply prepaid amounts against our regular fees toward your deductible and/or co-payments where insurance is applicable, minus what has previously been used.

* Monthly payment plan options require pre-authorized credit card withdrawal. There is a monthly $3.00 processing fee for monthly payment plans.

ANDERSON
CHIROPRACTIC

Why is Preventative/Maintenance Care Important

Chiropractic care is a natural approach to health. It is an established, unique health care method serving millions of persons. It is based on the scientific fact that your nervous system controls the function of virtually every part, organ and system in your body.

Improperly moving bones and joints in your spine will cause a failure of the nervous system which will result in ill health, not just pain. In fact subluxations (malfunctioning vertebral joints) 90% of the time will go unnoticed until they become major problems and can choke off communication from the brain to major organs. If you wait for symptoms to occur - it is often too late! Prevention is better and cheaper than overhaul. Don't wait for the engine light to come on before you change to the oil!

A five year study was done on several thousand patients who received an adjustment once or twice per month proved to have 400% increased immune system competency than health food junkies.

The number one cause of disability in patient over 50 years of age is spinal related problems - a majority could have been prevented with regular chiropractic preventative maintenance care.

The number one cause of fatigue is postural distortion (such as forward head lean) prevelant in our society and can be helped with Chiropractic Care.

Regular Chiropractic care can add years to your life and life to your years.